



Small Artists, Futures Creators...

UNLEASH YOUR CREATIVITY





TABLE OF CONTENT



WELCOME !!

Thank you and welcome



MISSION ONE

Free the Scientist in You:
Creation of an Artisanal Lava Lamp



MISSION TWO

Become an expert in observation and concentration:
Spot the Differences game and Mandala



MISSION TREE

Become skilled with your hands:
Creation of a cardboard garage



MISSION FOUR

Your environment is full of treasure:
Artisanal vegetable painting

WELCOME ! UNLEASH YOUR CREATIVITY

Small artists, Future creators ...

Bonjour

My name is Kandé.

In 2010, I created my company SAKINA CONSEIL, a creative agency based in Geneva. In 2021, I am launching Design Ton Futur, a program that allows children to empowered through creativity.

2020 has been a special year in many ways. During the pandemic, I was led to discover new functions.

In addition to being a mother and an entrepreneur, now, I was also becoming because of the lockdown a full-time teacher and animator for my son.

On the other hand, contracts and projects were slowing down and I still had to find solutions to reinvent my activity.

I found myself facing several issues:

How can I make time for myself?

How can I have quality time with my son?

How can I continue working from home with my son around?

How to avoid putting him in front of the TV or screens all the time?

I then often told myself that I didn't have the time, the patience, nor the ideas to remedy this situation.

In hindsight, I realised this period was in fact wonderful for my son as well as for me.

We experienced a lot of activities of all kinds. Fortunately, when I was younger, I had done a BAFA (c'est quoi? - pas clair) and remembered some concepts.

You will find here a selection of 8 activities that I did while in lockdown with my

son. We hope you will enjoy these activities as much as we did...

Please feel free to give me feedback.

Kandé Franzen

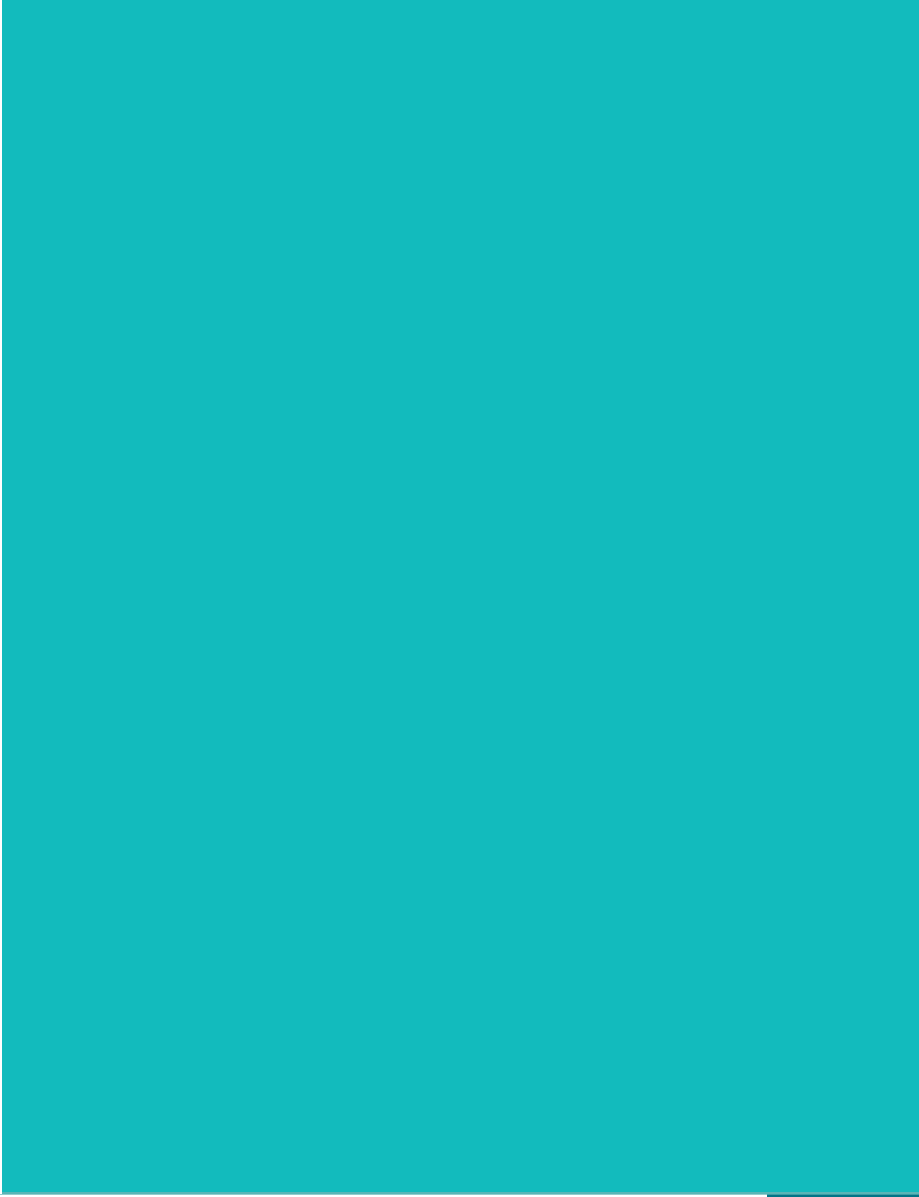
RULES OF THE CHALLENGE

Creativity is in my opinion the ultimate superpower to gain in life.

To develop it there are a few simple:

- 1 Have fun
- 2 Observe and pay close attention
- 3 Learn and experiment all you can
- 4 Do your best





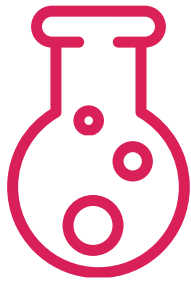
Day 1

L A V A L A M P

Today we are going to play with colors and light by creating a lava lamp.

DETAILS

The lava lamp is a decorative design object invented in 1963. You must have seen these lamps when you were little. Today try to create them with your child:



Sciences

Unleash your Creativity

|

Design Ton Futur

Items needed:

A bottle

or large empty
container

Vegetable oil

Food coloring

White vinegar

1 spoon / stick

Alka Seltzer

or Bicarbonate
or an Aspirin tablet*

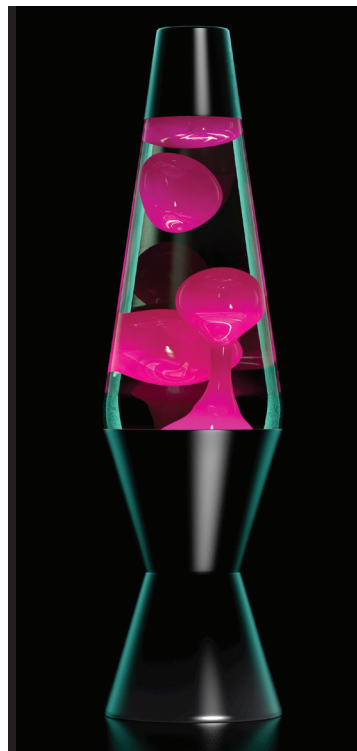
or any other
sparkling tablet

A Light source

LED light,
Glow stick,
Battery lamp,
LED candle

Note :

If you do not have
sparkling tablets,
baking soda or
salt will also work.



HERE IS A LAVA LAMP



DESPITE OUR BEST
EFFORTS,
HERE IS THE RESULT
OBTAINED

Principles to explain to your child

VINEGAR AND OIL DO NOT MIX.

Hence, vinegar forms small
balls of color that sink to the
bottom because it is heavier
than oil.

**THE DROPS OF VINEGAR REACT
WITH THE BICARBONATE** which is
an acid.

**THIS REACTION RELEASES
CARBON DIOXIDE CO₂.**

This gas sticks to the vinegar
balls and lightens them, and in
turn rises to the surface.

**ONCE ON THE SURFACE THE GAS
IS RELEASED**

The balls regain their initial
weight and fall back
again.

**THIS IS HOW THEY MOVE UP AND
DOWN.**

THIS SCIENCE EXPERIMENT IS FUN AND
EASY FOR KIDS TO DO USING EVERYDAY
HOUSEHOLD PRODUCTS. PLEASE FEEL
FREE TO SEND ME PHOTOS OF YOUR
MASTERPIECES



Day 1

Step :

1. Baking Soda

In the bottom of your bottle or container put 2 tablespoons of baking soda or 1 tablet of Alka Seltzer (aspirin)

2. Oil

Slowly pour in 1L of oil. The baking soda stays at the bottom. Use a funnel to avoid spilling. Leave some space so that it does not overflow when the reaction takes place.

3. Vinegar and color

Take a glass of white vinegar and pour 6 drops of food coloring into it. Use the color of your choice. Stir.

4. Sparkling reaction

Pour the colored vinegar into the oil container. Wait 1 minute for the reaction to start. If you are not satisfied with the sparkling effect of aspirin, add baking soda or salt.

5. Create your lamp

LED light: Cut the bottom of a cardboard cup 2 cm. Place the LED light in the bottom and put the bottle on it. Find a glow stick and place it inside the bottle. Place the battery-powered lamp behind the bottle

6. Display it in your bedroom.

You can turn off the lights and use your lava lamp

As soon as you add vinegar and a little baking soda, the lamp starts again.



Observation

SPOT THE DIFFERENCE

This game helps develop your child's concentration and observation skills while having fun.

Unleash your Creativity

Design Ton Futur



Rules:

It is very simple, just take a good look at the top image to find the 7 errors that crept into the bottom image.

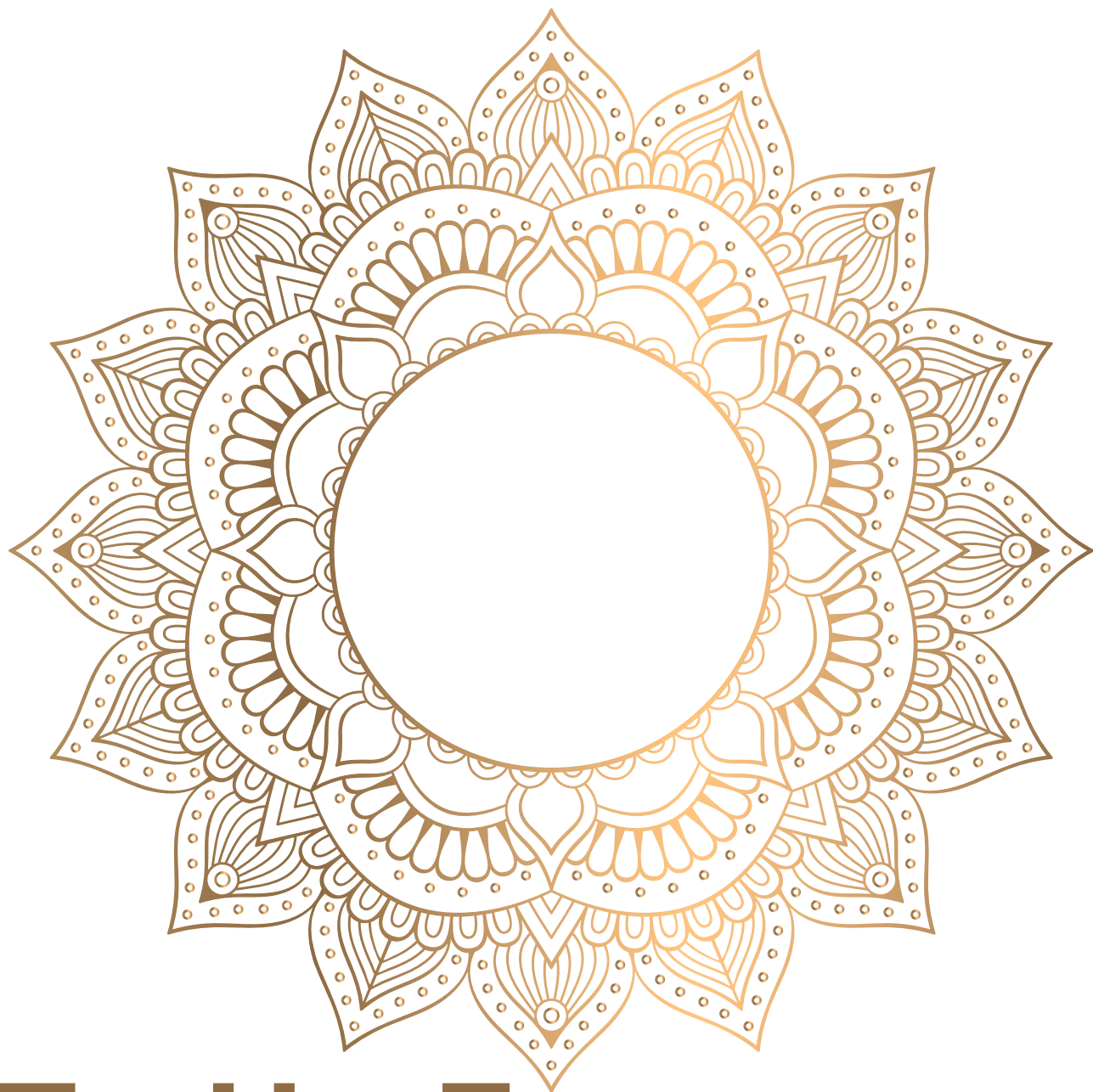


Day 2



Unleash your Creativity

Design Ton Futur



T H E

M A N D A

What is a mandala?

"Mandala" means circle in Sanskrit (India). These are geometric forms that can include representations of animals, letters, watches ... in a circle.

Traditionally, mandalas are created with colored sand. It is therefore an ephemeral work since the rain or the wind destroy it. Today the mandala is drawn on a sheet of paper.

What are the effects of mandalas?

Known to offer various therapeutic effects, the mandalas would allow you to refocus, live more in the present moment, reach a higher state of meditation in order to reduce the stress of life, to let go. In addition, various religions attribute divine power to it.

Coloring mandalas therefore brings all the benefits of coloring in addition to those associated with this symbol rich in meaning.

The benefits for the child

They are also great exercises for graphics at any age. The older children will learn to manage space symmetrically by creating their own mandalas. More and more adults are rediscovering the benefits of the mandala for the management of their stress.

L A

Mandalas are increasingly used in pedagogy to help children with concentration difficulties. Drawing mandalas is also a great exercise in relaxation.







Unleash



Design Ton Futur

HANDCRAFTED GARAGE

Is your child a fan of small cars? Then don't invest in an overpriced garage anymore!

With recycled boxes, anything is possible!

You will be able to build a toy car play area that will keep your kids entertained for hours! (or at least... long minutes, let's not be so optimistic!)

Are you ready? ... GO!



Day 4

Unleash your Creativity

Design Ton Futur



Step 1

Cut a large cardboard to create the garage floor.



Step 2

Cut a small cardboard with edges to create the top part.



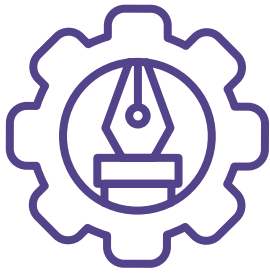
Step 3

Glue 4 rolls to form the tier.



Step 4

Create the access ramp and secure it between the two floors.



DIY

Items needed:

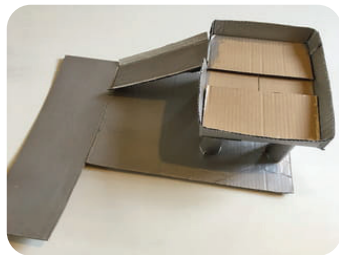
Roll of toilet paper

Cartons

Gray and white paint

Decorative elements to print and to stick

Glue and adhesive tape

**Step 5**

Print out the sheet and cut out the elements.

Download the printable items from the cardboard garage on the right.

Step 6

Paint it all gray.

Step 7

Glue the items on the garage.

Step 8

Paint the parking spaces.

Step 9

Create the barrier with a roller and a toothpick.

Step 10

AND THERE IS THE CARDBOARD GARAGE COMPLETED!

All that remains is to put the cars in there! Let's go for hours of fun!

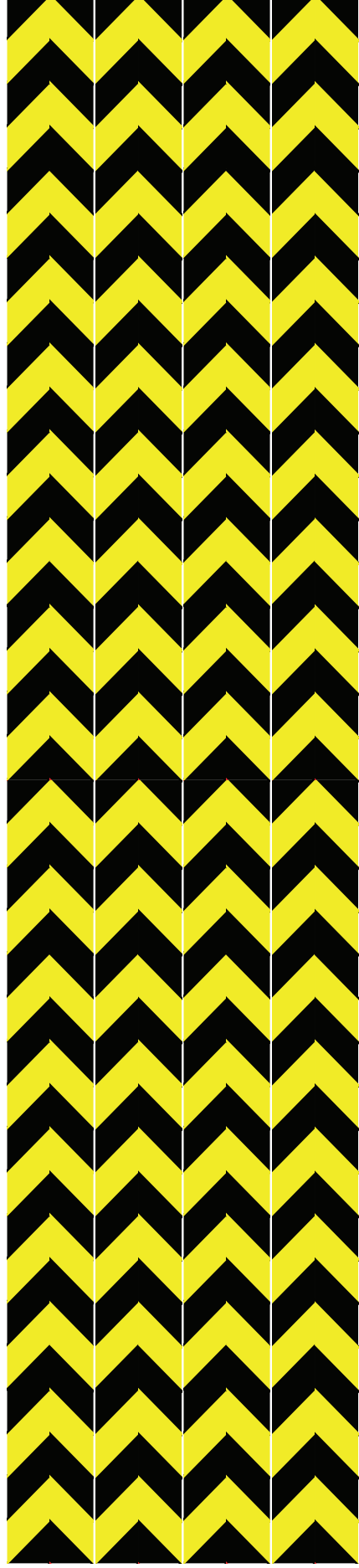
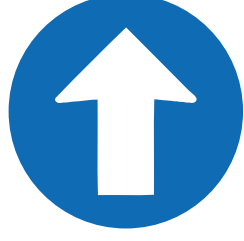
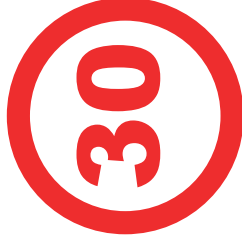
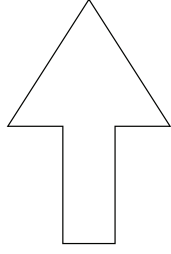
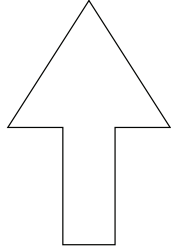
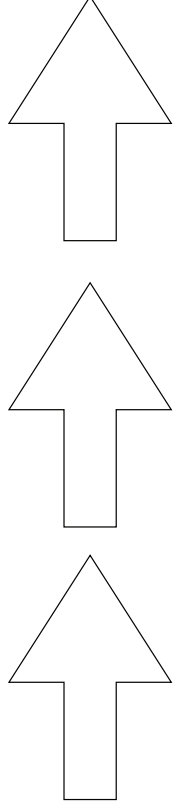
You can build as many floors as you want!

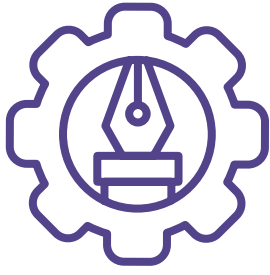
This experience is fun and easy for kids to do using everyday products.

Please feel free to send me photos of your masterpieces.



GARAGE





Empowerment

SEARCH & FIND

Here is a fun game that will keep children occupied and entertained. This is a list to be checked off throughout the day or within a shorter time frame (see you).

This list shows items to be found outside or inside by relying on the senses (visual, auditory, olfactory, etc.). This activity develops attention to detail and mindfulness!

Unleash your Creativity

Design Ton Futur

A Circle



A Wince



Silver color



An arrow



A Butterfly



The smell of cooking weed



A Mushroom



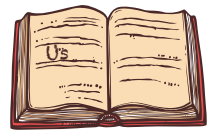
The reflection of a toy



A Chocolate taste



Word " Us " in a book



A Dog



Orange color



Breathing sound



A cube



An Heart beat












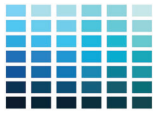






A blue clothe



Day 5

If you like this game, leave me a little comment so that I can create new ones.

<input type="checkbox"/>	A Square		<input type="checkbox"/>	A Smile	
<input type="checkbox"/>	A Pink color		<input type="checkbox"/>	A Piece of cardboard	
<input type="checkbox"/>	A Bird		<input type="checkbox"/>	A Book of more than 200 pages	
<input type="checkbox"/>	A Flower		<input type="checkbox"/>	The number " One "	
<input type="checkbox"/>	A Ball		<input type="checkbox"/>	A cat	
<input type="checkbox"/>	A Tree		<input type="checkbox"/>	A Blue color	
<input type="checkbox"/>	An Electronic device		<input type="checkbox"/>	A Wheel	
<input type="checkbox"/>	A Triangle		<input type="checkbox"/>	A mini character	

Unleash your Creativity | Design Ton Futur

Origami

(from oru, "to fold", and kami, "paper", changed to gami because of rendaku) is the art of folding paper. The word comes from Japanese.

Like coloring, origami makes you feel more relaxed. It helps strengthen concentration and memory. It is also recommended to improve eye and hand coordination in certain psychomotor disorders. It also works favorably against insomnia, anxiety and depression.

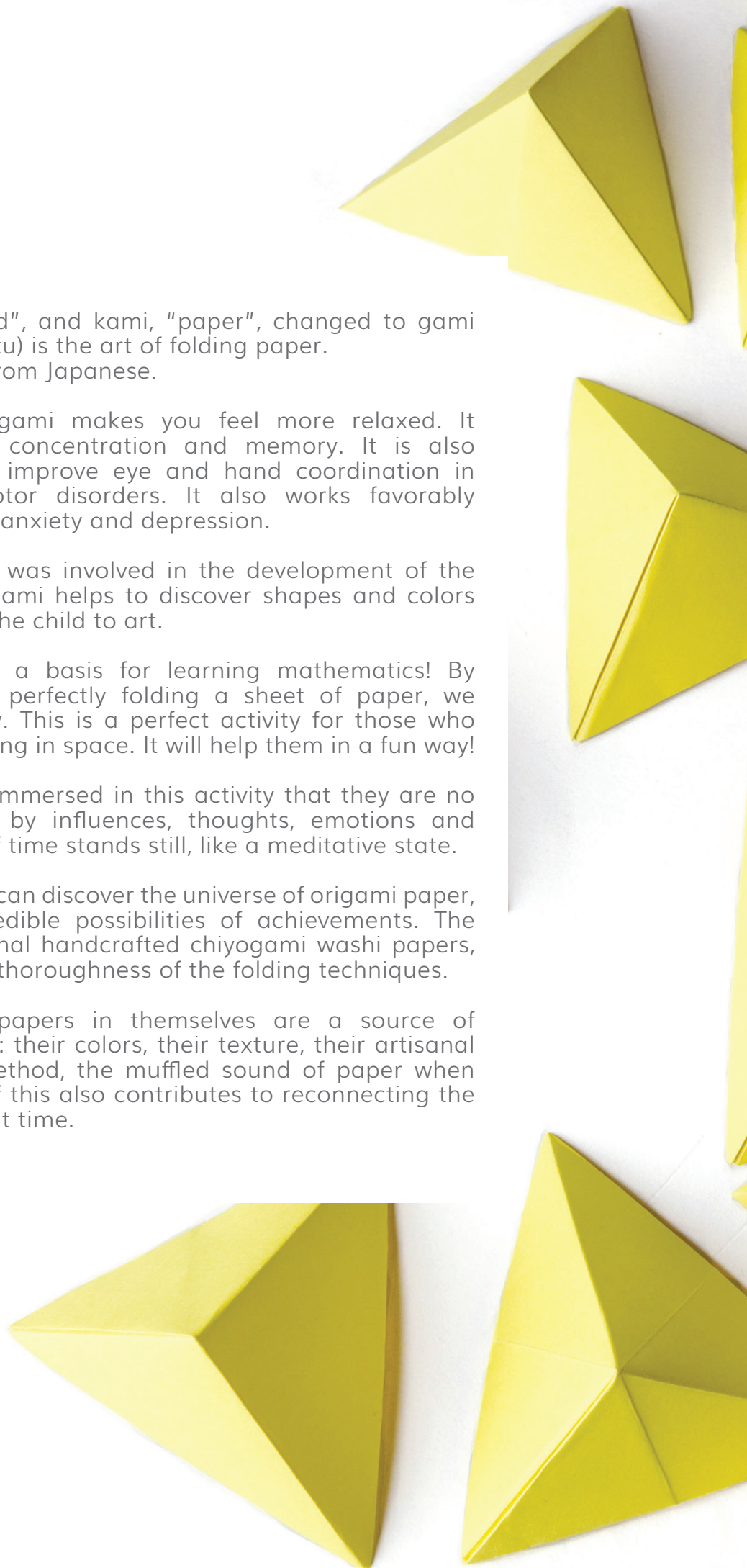
the art of folding was involved in the development of the child. Indeed, origami helps to discover shapes and colors while awakening the child to art.

It also serves as a basis for learning mathematics! By concentrating on perfectly folding a sheet of paper, we practice geometry. This is a perfect activity for those who have difficulty seeing in space. It will help them in a fun way!

The person is so immersed in this activity that they are no longer distracted by influences, thoughts, emotions and stressors. It is as if time stands still, like a meditative state.

To go further, you can discover the universe of origami paper, which offers incredible possibilities of achievements. The beauty of traditional handcrafted chiyogami washi papers, the precision and thoroughness of the folding techniques.

Japanese washi papers in themselves are a source of intense well-being: their colors, their texture, their artisanal manufacturing method, the muffled sound of paper when you fold it ... all of this also contributes to reconnecting the senses and present time.





Jour 6

A R T O F
F O L D



ORIGAMI RABBIT

Follow the steps to create this rabbit. Then draw or glue the rabbit's eyes and mouth.

Unleash your Creativity

Design Ton Futur

Items needed:

- You'll need
- an A4 sheet
- a pair of scissors
- 2 pens



1- Choose a square sheet of paper or cut your A4 paper



2- Fold the sheet in half up on the diagonal.



3- Mark the fold that corresponds to the median and reopen the fold.



4- Fold the base of the triangle upwards.



5- Fold the left base of the triangle along the median.



6- Do the same with the right side.



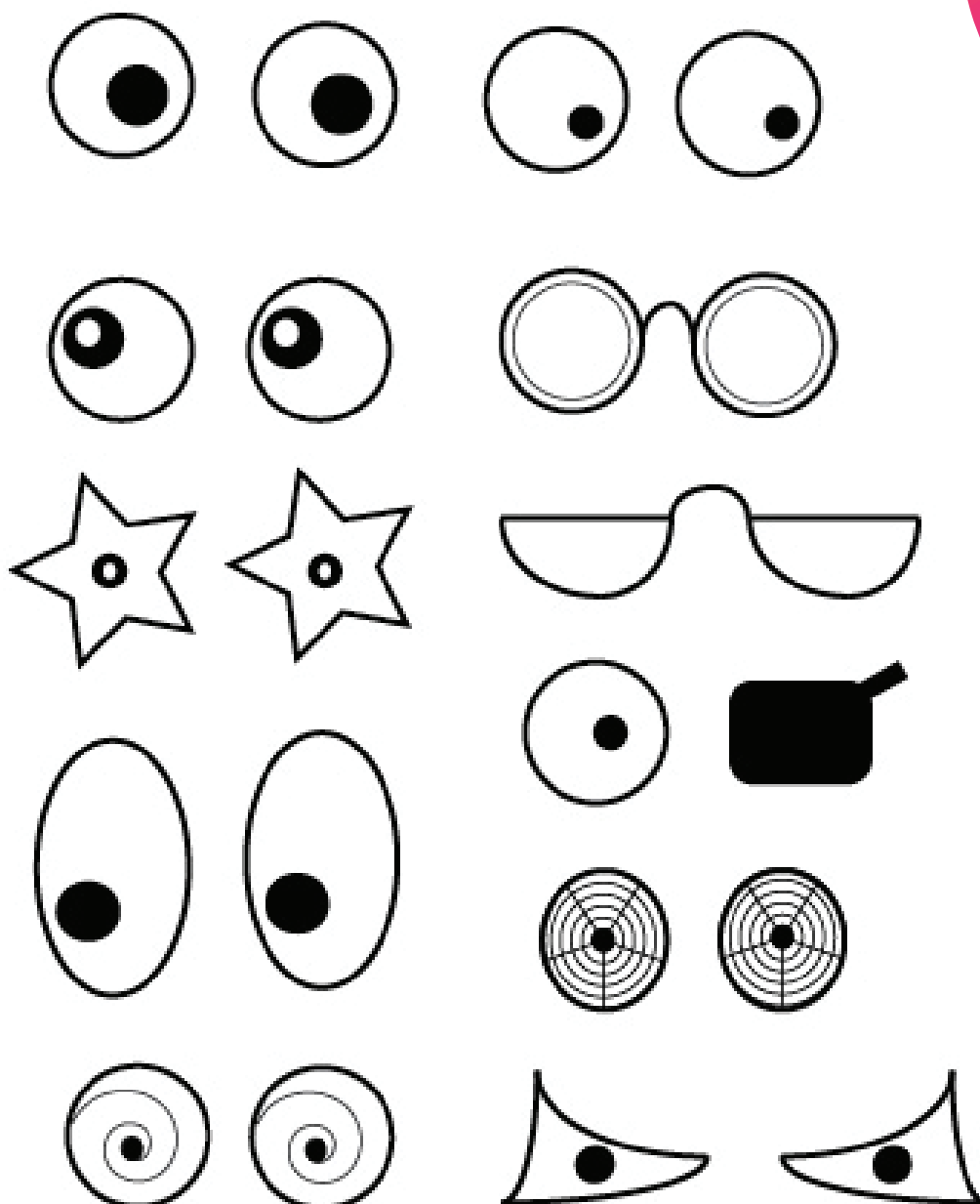
7- Turn the fold over.



8- Fold the base of the rabbit's head inwards.



9- Fold the top of the rabbit's head inwards. The rabbit head now stands vertically.



Here are Eyes to print, they allow you to bring your objects, masks or small characters to life ...

Depending on where you stick them, the meaning you choose, those eyes may look laughing, questioning, or worrying ...

Eyes to print are a very useful accessory for a manual activity session but also to liven up a birthday party.

If needed, you can enlarge or reduce the size of the eyes using the features of the copier.

On the same principle, children can draw all kinds of eyes themselves ...

The eyes can be glued or drawn with a marker on ping-pong balls, which you will place in different rooms in surprising ways:

Welcome to the haunted house!

ART INITIATION

You can introduce your child to art and some artists are very accessible.

When I was little, I spent a lot of time drawing. My initiation into art took place first at school and then through cultural places.



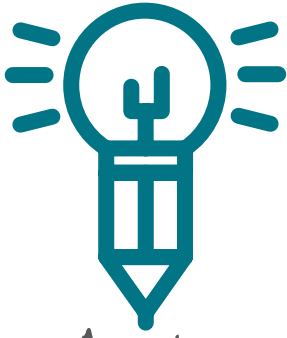


Unleash your Creativity

Design Ton Futur

I would recommend the following artists:
**Keith Haring, Jean-Michel Basquiat, Joan Miró,
Sonia et Robert Delaunay, Kandinski,
Jackson Polack, Picasso, Paul Klee...**

Their works are colorful
and very appealing to children.



Art

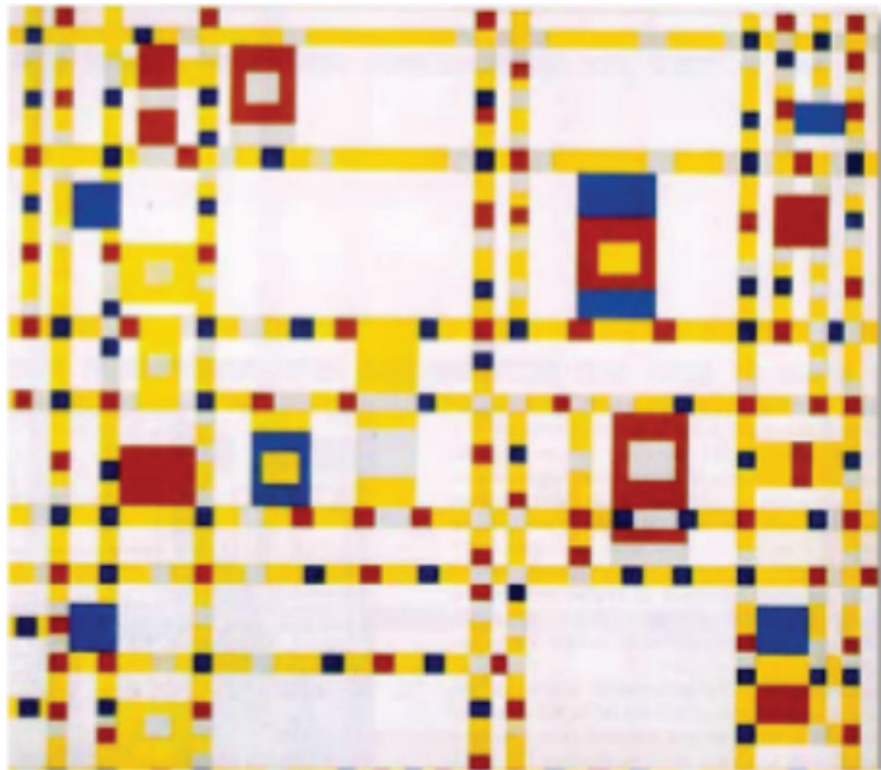
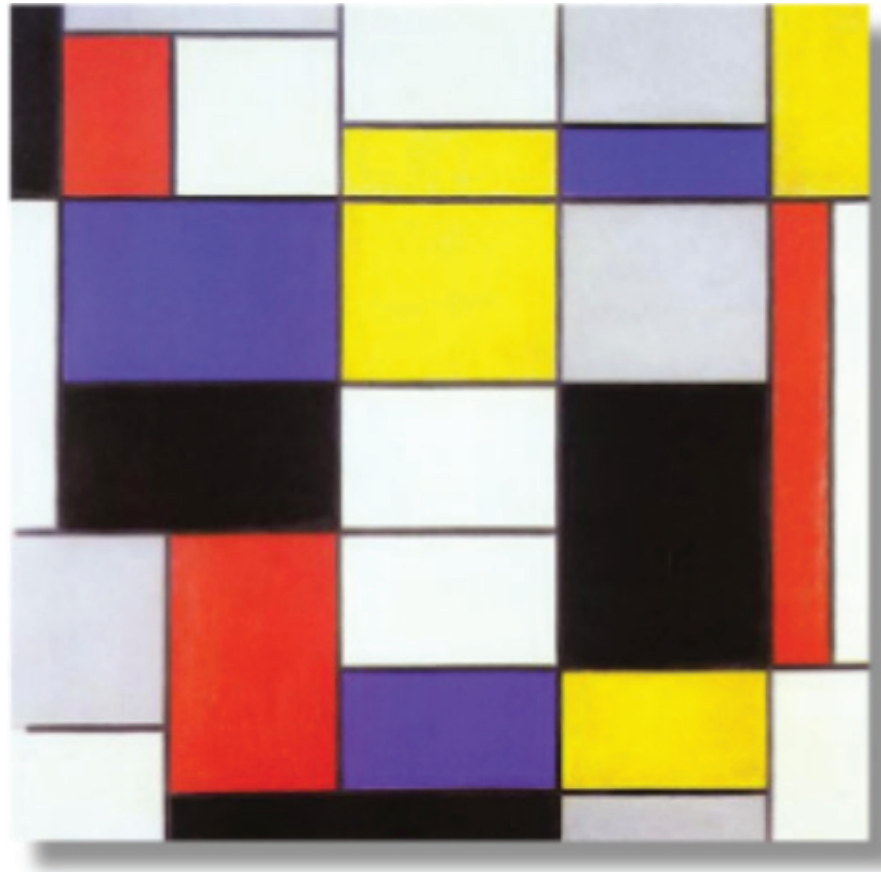
Unleash your Creativity

Design Ton Futur



Mondrian

Piet Mondrian was born in the Netherlands in 1872. He is an **abstract art** painter: his paintings have no reference to real objects.





1909 - The Red Tree

DETAILS

His first composition in 1920, is made of perpendicular black lines in which he integrates the primary colors (yellow, red, blue) and black and white.



1911 - The Silver Tree



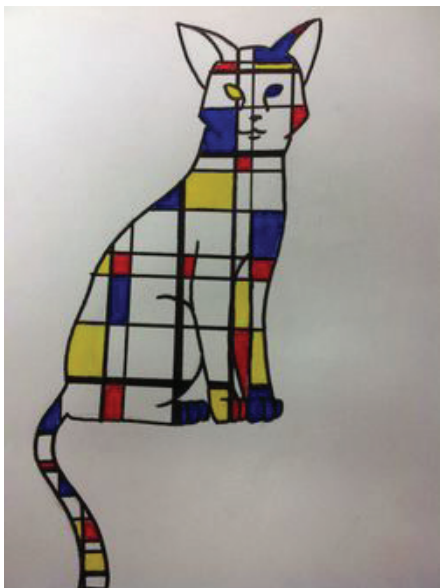
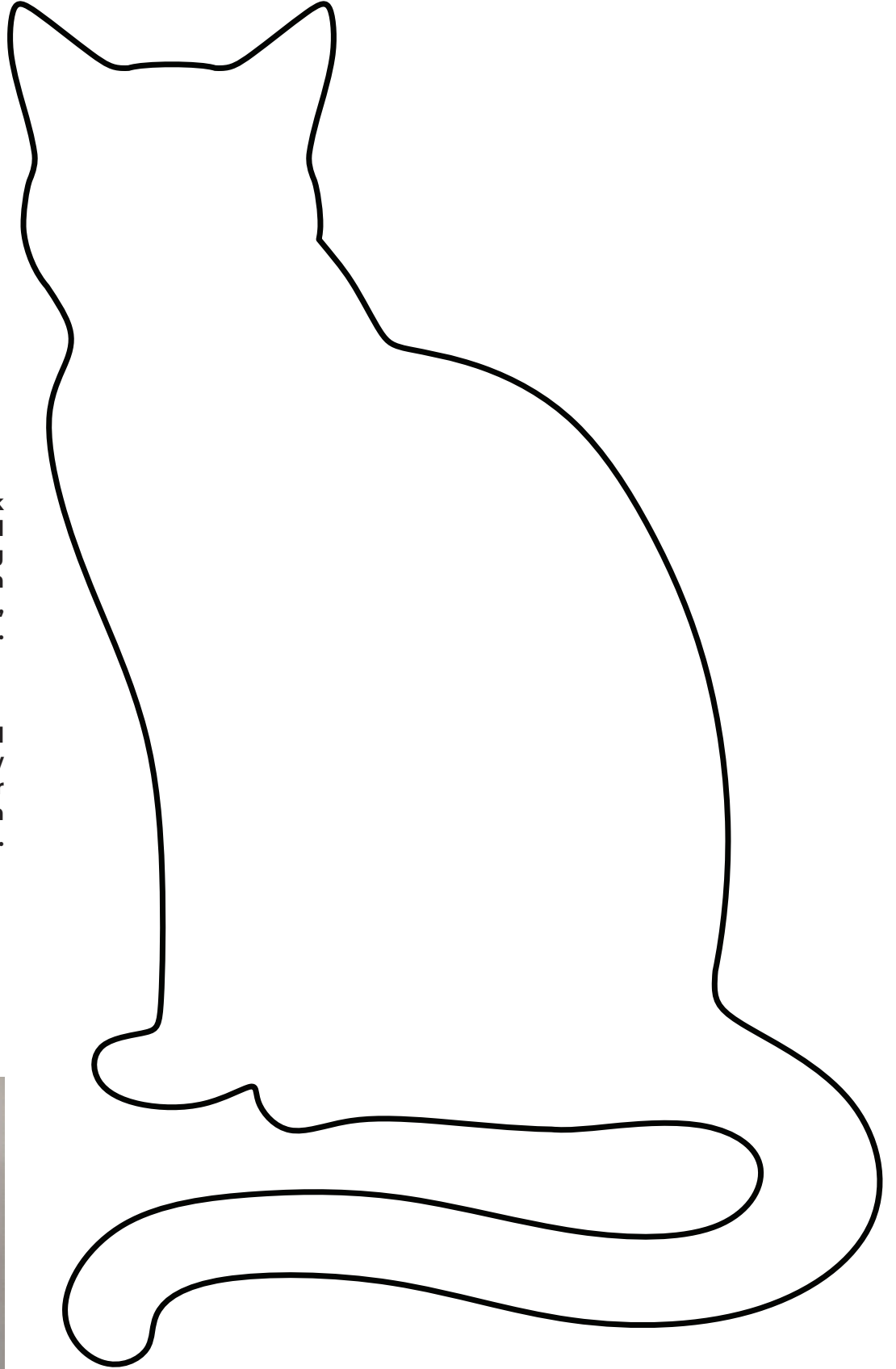
1913 - Apple tree in bloom

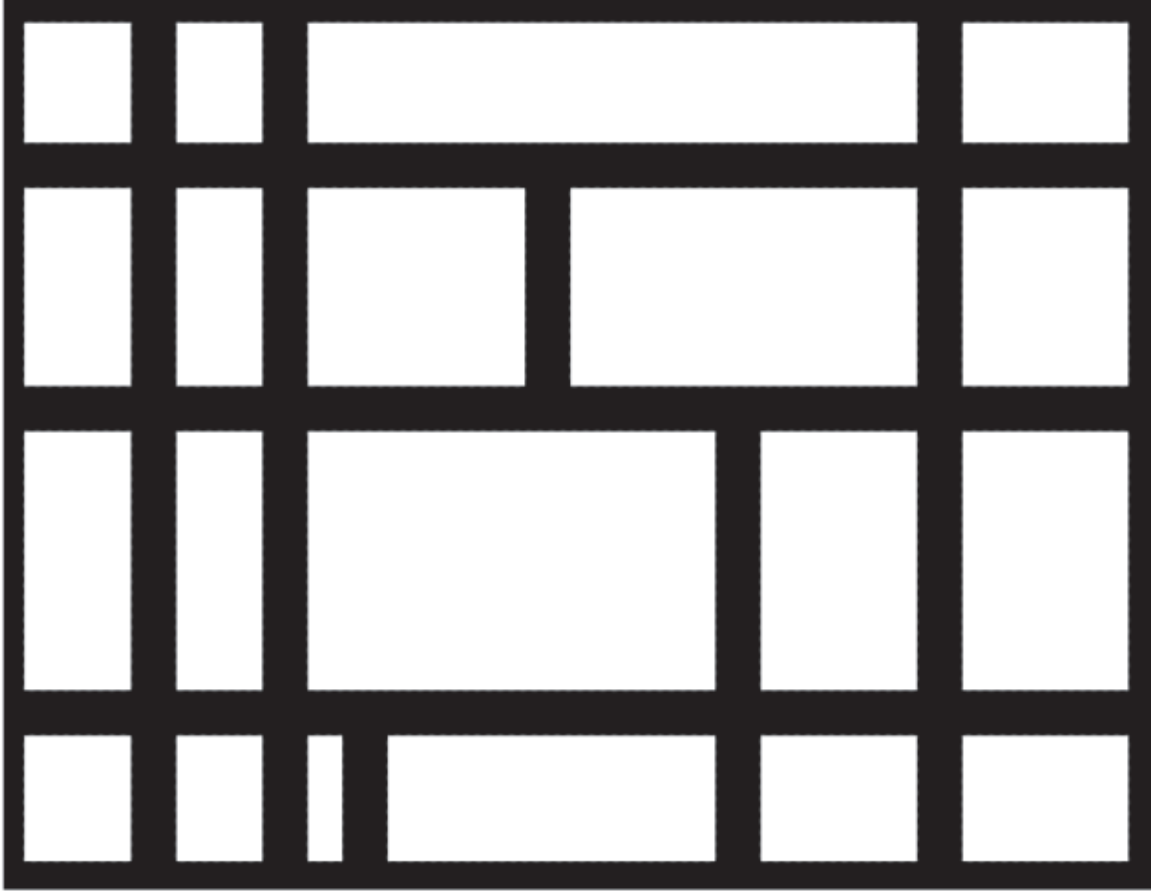
Unleash your Creativity

Design Ton Futur

Use the blank grid above and color according to Mondrian codes (yellow, red, blue).

Use the second gille below and let your imagination run wild.

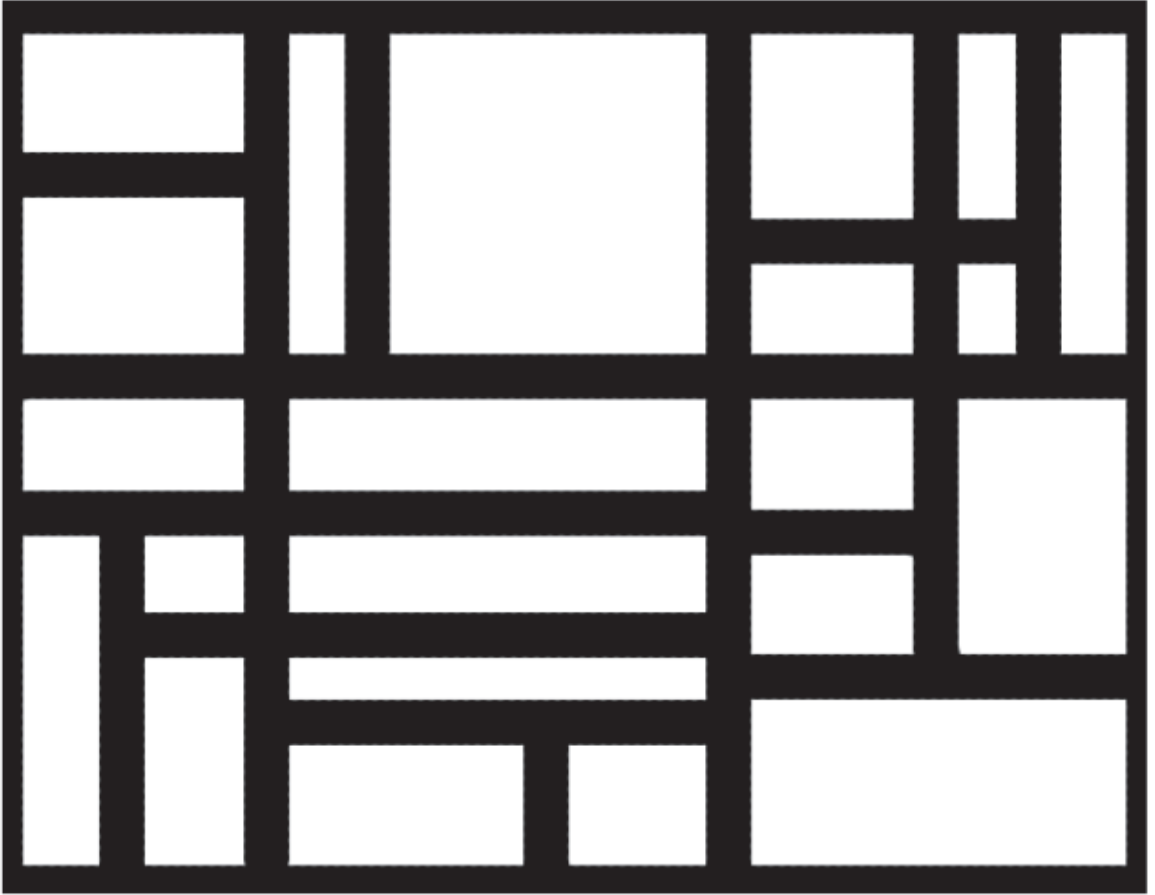




Unleash your Creativity



Design Ton Futur



ECOLOGY & ART PROJECT

During the pandemic, we had a project around painting and art.

Unleash your Creativity

Design Ton Futur



A After a beautiful guided visit to the Museum of Modern Art and the Museum of Art and History.

The idea was for each child to make a "real" painting on canvas, and to have an exhibition of their own, to showcase their work.

For this purpose, and also in connection with our theme of sustainable development, we had made experiments with the vegetable ink of red cabbage.

The kids had a lot of fun experimenting and painting; this ink is truly amazing!

By mixing red cabbage juice (I grated and squeezed it in advance) with an acidic liquid (eg lemon juice or vinegar), or a basic household item such as baking soda or even dish soap, you can get beautiful colors: purple turns into pink, blue, turquoise, green or even yellow !!!

If you feel like it or have the time, why don't you go out to a park to collect various plants and flowers, as well as some soil, to make your own vegetable inks ?!

These plants can either be rubbed directly on paper, or crushed in a blender or mortar, mixed with a little hot water and then filtered.

This way, you get the pleasure of picking, collecting, creating and playing the chemist before actually painting...

Clover or dandelion are easier to crush than grass ... and the flowers work well.



"To make you want, I enclose the photo of some red cabbage paintings of my son, and vegetable paintings :-)



Unleash your Creativity

Design Ton Futur

|| Sérénité
au coeur
de votre
projet ||





THANK YOU
SEE YOU SOON

Unleash your Creativity

Design Ton Futur





INFO@DESIGNTONFUTUR.COM
WWW.DESIGNTONFUTUR.COM